



St. Paul's on-the-Hill

Sunday February 1st, 2026

4th Sunday after the Epiphany

10:00 a.m. Holy Communion

Welcome and Announcements

Children and Youth leave for Sunday School during Opening Hymn.

We are celebrating Birthdays and Anniversaries today.

Processional: **Cornerstone**

Call to Worship

Priest: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: **And also, with you.**

Collect for Purity

Collect of the Day (*together*)

Blessed are you, Lord our God, creator of heaven and earth. You create the fruit of the land to sustain our families and neighbours. You nurture the church, loving communities of faith, deepening our relationship with You and with one another. You offer us the gift of baptism and the sacrament of Christ's body and blood, so that we may be fed and filled with your Holy Spirit. You bless us with generous hearts, so that we may support the outcast, the hungry, the sick and all those who long for intimacy with Jesus. You fill us with determination to be mindful of the ministry and mission to which we are called, and you call us to generous support of our parishes, diocese and the wider church. Blessed are you, O God, Father, Son and Holy Spirit, Amen.

We Hear God's Word

God invites us to hear His word.

First Reading: Ephesians 4:11-15

Reader: Susan Scott

Gospel: Matthew 5:1-12

Reader: Samaya Chinniah

Sermon: Rev. Canon Judy Herron-Graham

Musical Meditation: God, Whose Giving Knows No Ending CP 601

Apostles' Creed

Prayers of the People

Intercessor: David Karram

Confession and Absolution

God invites us to confess our sins.

The Peace of Christ

God calls us to renewed relationship with others.

Offertory: All that I am

God invites us to share our treasures.

Celebration of the Eucharist

Prayer and anointing are available every Sunday in the lobby during communion.

Eucharistic Prayer 4

The Lord's Prayer (*Sung*)

The Breaking of the Bread

Priest: "I am the bread of life," says the Lord.

"Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All: Taste and see that the Lord is good; happy are they who trust in him!

Prayer for Spiritual Communion

Communion Hymns:

1. Jesus, the Joy of Loving Hearts
2. I Give You my Heart
3. Father, I Adore You

CP 70

Prayer after Communion:

Priest: Glory to God,

All: Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God, from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Closing Blessing

God sends us into the world, under His blessing.

Recessional: **You Who Dwell in the Shelter of the Lord** CP 531

Priest: Let us bless the Lord.

All: Thanks be to God.

8 am Service Book of Common Prayer, p. 67

Opening hymn **We Praise You, O God** CP 342

Offertory hymn **Take My Life and Let it Be** CP 435

Recessional hymn **Be Thou My Vision** CP 505

Readers:

1st Reader: Denise Boland

2nd Reader: Herb Boland

ANNOUNCEMENTS:

Stewarding our Treasure

As we continue our stewardship sermon series, this week we reflect on our stewardship of the financial resources God entrusts to us. Like all God's gifts, our income is received with gratitude and managed in faithful service to God, as we seek first God's Kingdom.

Tax Receipts Available

Tax receipts are ready for pick-up in the Narthex. Your assistance in collecting them in person is greatly appreciated. Thank you for your support!

Love in Action (TODAY! 11:30am - 1:30pm)

Youth Group Gathering Grades 7–12 Welcome

Join us for our **monthly youth group gathering** as we put our faith into action by preparing **Valentine's packs for our shut-in seniors**.

We'll prepare the packs with care, learn about the lives and needs of our shut-in seniors, pray for them, enjoy games, food, and fellowship together.

All youth in Grades 7–12 are warmly invited to join us! Come and be part of sharing God's love through meaningful actions.

Questions or enquiries: Pastor Mabel

Bob Marley (Emancipation) Mass "One Love, One Heart"

Black History Month will kick off with a Eucharist at St. James Cathedral **today, Sunday, February 1, at 4:30pm**.

The service will be the Bob Marley (Emancipation) Mass, written by the Rev. Canon Dr. Stephen Fields, Vicar of the Cathedral. The theme is "One Love, One Heart."

The preacher will be the Rt. Rev. Deon Johnson, Bishop of the Diocese of Missouri, and Bishop Andrew Asbil will preside.

Music will be led by MOKA, a Caribbean fusion band. All are invited.

Community Conversation about the Food Bank: Tomorrow, February 2nd | 7:30-9pm | Zoom

Our Community Food Bank continues to grow, serving more people and meeting greater needs. With this growth comes the need to discern how to best support and govern this ministry well into the future. As

Scripture reminds us, "*Let all things be done decently and in order*" (1 Corinthians 14:40).

At the upcoming Vestry meeting, wardens are asking Vestry to support a discernment process to explore potential governance options for the Food Bank (which options will then be brought back to Vestry for a decision at a regular or special meeting). Before Vestry, the Wardens will host a **Community Conversation** on Zoom to share more about the "why" of this discernment process - basically, we're growing! - and to listen to your questions, hopes, and concerns. All parishioners—especially Food Bank volunteers—are warmly invited.

Please visit stpaulsonthehill.com to access the zoom link.

Lent Together: Faith, Family & Fun

February 8 | 11:30am-1:00pm

A Lenten Gathering for all SPOTH KIDS AND YOUTH FAMILIES

Join us for a joyful and meaningful gathering as we begin our Lenten journey **together as families**.

Families will receive a **Lenten Activity Pack** with simple, engaging ideas to help you grow in faith at home throughout the Lenten season. We'll explore the activities together, share ideas, and brainstorm how they can fit naturally into your family life.

Enjoy pizza, snacks, games, connection with other families, and prayer as we enter the season of Lent together. A wonderful opportunity to **build community, grow in faith, and support one another** as families walking the Lenten journey side by side.

Sign up at the Narthex today. Questions? Pastor Mabel

Giving the Body What it Needs: Who is Worth the Effort?

February 11 | 7:00–8:30 pm (Zoom)

Join **Rev. Naomi Miller**, *priest and nutritionist*, for an evening exploring how care of the body is part of our spiritual life. Naomi will share her personal journey, offer biblical insights on the place of the body in Scripture, and suggest practical, grace-filled ways to care for our bodies.

All are welcome. *Zoom link to follow.*

Altar Flowers

The altar flowers are given to the glory of God in memory of Jack and Edythe Burgess given by their friends.

The altar flowers are given to the glory of God in memory of Enid and Nelson Weeraekera given by Ajith and Lilani.

The altar flowers are given to the glory of God in loving memory of my father, The Rev. Eugene Smith, from his daughter Sandra and Ken Wiggan.