



St. Paul's on-the-Hill

Sunday, February 22nd, 2026

1st Sunday of Lent

10:00 a.m. Holy Communion

Welcome and Announcements

Children and youth go straight to the Parish Hall for Sunday School upon arrival at the church.

We are celebrating Birthdays and Anniversaries today.

Processional: **Giver of the Perfect Gift** CP 180

Call to Worship

Priest: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: **And also, with you.**

Collect of the Day (together)

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

We Hear God's Word

God invites us to hear His word.

First Reading: Amos 2:6-10, 13-16

Reader: David Karram

Gospel: John 3:10-18

Reader: Isuru Weerasekera

Sermon: Canon Stephanie

Musical Meditation: **O Lord, the Clouds are Gathering**

Apostles' Creed

Prayers of the People

Intercessor: Jan Couto

Confession and Absolution

God invites us to confess our sins.

The Peace of Christ

God calls us to renewed relationship with others.

Offertory: Lift Every Voice and Sing

God invites us to share our treasures.

Celebration of the Eucharist

Prayer and anointing are available every Sunday in the lobby during communion.

Lutheran Rite

The Lord's Prayer (Sung)

The Breaking of the Bread

Priest: We break this bread,

All: **Communion in Christ's body once broken.**

Priest: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Prayer for Spiritual Communion

Communion Hymns:

1. **Just as I Am** CP 615
2. **Precious Lord, Take My Hand**
3. **This Little Light of Mine**

Prayer after Communion:

Priest: Glory to God,

All: **Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God, from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Closing Blessing

God sends us into the world, under His blessing.

Recessional: **When the Saints Go Marching In**

Priest: Let us bless the Lord.

All: **Thanks be to God.**

8 am Service Book of Common Prayer, p. 67

Opening hymn **Come Thou Fount of Every Blessing** CP 175

Offertory hymn **Just as I Am** CP 615

Recessional hymn **Giver of the Perfect Gift** CP 180

Readers:

1st Reader: Sam Paonessa

2nd Reader: Billy Corlett

ANNOUNCEMENTS

Vestry Meeting - Today

Sunday, February 22nd | 2:00pm

Join us today online via Zoom for our Annual Vestry Meeting at 2:00pm.

You may come to Vestry and vote if you have been a member of the Anglican Church of Canada and of this congregation for at least three months, have attended regularly scheduled services of worship with this congregation at least three times in the past year, are of the full age of sixteen years and have not voted as a member of any other vestry during the previous three months.

You can find the Zoom link on the landing page of our website or under the “Zoom” tab. If you’re subscribed to Constant Contact, the link is also included in our most recent communication.

SPOTH Youth Group Meeting — Today

February 22, 2026 | 11:15 a.m. – 1:00 p.m.

Venue: Board Room

Join us today as we hear faith stories from some of our parishioners that will encourage you and may even answer some of your questions about God. Free lunch and snacks! Come and join us!

New Year’s Relationship Reboot: Marriage Enrichment

**Sundays | 8:00pm to 10:00pm | Online via Zoom
February 15th to March 29th**

The Alpha Marriage Course began last Sunday, but it’s not too late to join! Six sessions remain, and we warmly welcome couples to join us for the remaining sessions.

This is a relaxed, date-night–style experience you can enjoy from home, designed to help couples reconnect through good conversation, practical tools, and intentional time together. Hosted by Canon Judy and Rev. Andrew, and Steve and Clare Masson, the seven-week online course features video content from marriage experts Nicky and Sila Lee, with guided private discussions for couples (not group exercises).

Email Clare Masson at clarem@stpaulsonthehill.com to register.

Women at St. Paul’s – Mugs, Muffins and More Saturday, February 28th | 9:00am

Women at St. Paul’s will be participating in a February livestream with Wycliffe College, *Women of Faith and the Transforming Power of the Psalms*.

This will take place during **Mugs, Muffins and More**, beginning at **9:00am** in the Parish Hall for fellowship and refreshments, followed by the livestream in the church at **10:00am**. Muffins, tea, and coffee will be provided—*please bring your own mug*. A suggested donation of \$5 would be gratefully received.

To RSVP, please email: women@stpaulsonthehill.com or call the church office at 905-839-7909.

Finding God in the Wilderness: A Lenten Teaching Series | Tuesdays in Lent

In-person at the church (1:00pm – 2:15pm)

Online via Zoom (7:30pm-8:45pm)

March 3: From the Wilderness to the Garden and Back Again: Did you know that the flow of salvation history in the Bible can be seen through the thematic lens of the wilderness? This session offers an overview of the theme.

March 10: Exile Encounters with God in the Wilderness
God can transform the wilderness into a place of refuge, where people encounter Him and receive both a new identity and divine provision.

March 17: Singing in the Wilderness
Israel’s prophets use the images of wilderness and garden to describe both the bleak consequences of rejecting God and God’s ability to bring restoration.

March 24: Jesus’ Wilderness Tests (or Traps)
When Jesus faces wilderness tests, He demonstrates trust in the Father’s provision and care.

March 31: Faithfulness in the Wilderness Leads to Rest
True rest is available for those who learn to trust God enough to follow His instruction and embrace His way of life.

To register, sign-up in the Narthex or email our parish administrator at officeadmin@stpaulsonthehill.com.

Altar Flowers

The altar flowers are given to the glory of God in loving memory of my mother Maria Paonessa, given by Sam and Rebecca Paonessa.

If you would like to celebrate a special occasion or remember a dear loved one by sponsoring the flowers in the vases at the altar, please contact Barb Thompson at 289-923-0045 or barbthompson@rogers.com. **The cost is \$75.**